



April is a licensed Marriage and Family Therapist and has been practicing in the mental health field since 2007. She is currently the District Marriage and Family Therapist for Hemet Unified School District. She serves as the Mid-county Commissioner on the Behavioral Health Commission for Riverside University Health Systems; she is also a member of the Legislative Committee, Children's Committee, and Adverse Childhood Experience Committee through the Riverside Department of Mental Health. April has an extensive history in the mental health field and is currently working with a team of professionals to implement more trauma informed care in our local schools throughout Riverside County. April graduated the Hillsong School of Ministry in 2016. Furthermore, April has traveled around Southern California as a motivational speaker; speaking on such topics as Parenting, Mental Health Treatment and Diagnosis, Building Self-Esteem, Breaking Labels and the Bible's perspective on mental health. April developed the I AM...Curriculum in 2012 and has since been offering the course in small group workshops for women and girls ages 12 and up. April combined her mental health knowledge and Biblical, Spiritual Training to create a dynamic and powerful series that brings freedom, healing and breakthrough to women of all ages, dominations, cultures and spiritual maturity. The curriculum combines common therapeutic practices found in Family Systems Theory and Cognitive Behavioral Therapy along with Biblical principles to become confidently aware of our intended identity in Christ. I AM is designed to answer the question who am I by exploring our past, present and future experiences and pointing us towards God's plan to use it all for our good. I AM...is reported to be a powerful, life-changing course that has brought healing to many women.